

Medication Questions for My Doctor and My Pharmacist

1. ___ Which medicines can cause dizziness or falling? What should I do if a medicine makes me dizzy?
2. ___ What are the names of my medicines (brand and generic names)?
2. ___ Should I use a generic form? Is there a cheaper alternative?
3. ___ What's the strength? (For example, milligrams, abbreviated as mg)
4. ___ What's this medicine for?
5. ___ How long will it take this medicine to work after I take it?
6. ___ How much should I take for one dose?
7. ___ When should I take it? How many times per day? At what times?
8. ___ Should I take it on an empty stomach?
9. ___ Should I avoid any foods or other medicines when I take it?
10. ___ Should I avoid alcoholic beverages when taking this medicine?
11. ___ How does this medicine affect my blood glucose (sugar) level?
12. ___ Do I need to avoid driving when I take this medicine?
13. ___ What side effects might happen with this medicine?
14. ___ What should I do if I have side effects?
15. ___ What should I do if I miss a dose?
16. ___ How should this medicine be stored?
17. ___ How long will this supply last? What about refills?

Remember

18. ___ Use only one pharmacist for all my medicines.
19. ___ Use a pill organizer with boxes for each day.
20. ___ Keep my Medication Summary card in my purse or wallet.
21. ___ Check dates and throw out expired medicines.
22. ___ Keep all medicines out of sight and reach of children.



From American Diabetes Association (<http://www.diabetes.org/uedocuments/24-medicines.pdf>)