

Live Healthy Georgia...Seniors Taking Charge Kick-Off Celebration

Calendar of Events September and October 2007

The DHR-Division of Aging Services, Area Agencies on Aging and Service Providers are partnering with the Division of Public Health and other public/private sector agencies to promote the “Live Healthy Georgia- Seniors Talking Charge” campaign.

The campaign messages are: **Be Active, Get Checked, Be Smoke-Free, Eat Healthy and Be Positive**

The following is a listing of statewide events/activities planned for the months of September and October to celebrate the official Kick-off of the campaign.

Area Agency on Aging and Contact Information	Date and Time	Location	Estimated Attendance	Types of Activities Planned to Promote the Live Health Georgia Messages	Partners Involved
Atlanta Regional Commission Marcia Berlin Health and Wellness Specialist 404-463-8748 mberlin@atlantaregional.com 404-463-3241 Fax	October 11 and 12 10 am -2 pm	Heritage Senior Center Henry County, GA	600	Nutrition Education and Screenings	Henry County Senior Services Henry County Council on Aging Care Improvement Plus Henry Medical Center Foot Solutions Lion’s Club, ENT Facial Plastics Alzheimer’s Association Hands of Hope Clinic

<p>Coastal Georgia RDC Loreatha Jenkins Wellness Coordinator 912-264-7363 ext 225 lfjenkins@dhr.state.ga.us</p>	<p>To be determined</p>	<p>Mary Flournoy Golden Age and Garden club</p>	<p>120</p>	<p>Senior Cook Out and Activities reinforcing the Live Healthy Georgia Key Messages</p>	<p><u>Potential Partners</u> City of Savannah Recreation Sunny Dixon Cloggers Exercise Instructor Health Department Extension Service EMS Fire Department And BreasTest and More Program</p>
<p>Coosa Valley AAA Dr Noaleen Ingalsbe Wellness Coordinator 706-295-6485 706-802-5508 ningalsbe@dhr.state.ga.us</p>	<p>October 17th 9:15- am-2:30 pm</p>	<p>Downtown Forum Rome, Georgia</p>	<p>500</p>	<p>Healthy Lunch Exhibits Stretch and Exercise Fun Physical Activity Speakers Preventive Benefits through Medicare Door Prizes</p>	<p>XL Health</p>
<p>CSRA AAA L. Monique Hillman, RN, BS, MPH Wellness Coordinator 706-210-2018 ext. 137 lhillman@csrardc.org</p>	<p>October 23, 2007</p>	<p>Lock and Dam</p>	<p>200+</p>	<p>Arts and Crafts Nutrition Games Hiking and walking events Outdoor Exploration Social Activities</p>	<p>Augusta Parks and Recreation CSRA AAA Neighborhood Improvement Project</p>
<p>Heart of Georgia Altamaha RDC Jennifer Crosby AAA Wellness Coordinator 912-367-3648 jucrosby@dhr.state.ga.us</p>	<p>Details to be determined</p>	<p>Information not available at this time</p>	<p>450</p>	<p>Carnival Type Games that reinforce wellness messages Farmers Market</p>	<p>Information not available at this time</p>

<p>Legacy Link, Inc.</p> <p>Lisa Howard Wellness Coordinator 770-538-2711 lshoward@dhr.state.ga.us</p>	<p>September 26th, 2007 10 am –1pm</p>	<p>White County Parks and Recreations Department 327 Asbestos Road, Cleveland, Georgia</p>	<p>200</p>	<p>Focus on the LHG messages: line dancing, stretch band exercises, seated ball exercises, parachute activity, health screenings, healthy snack participant talent display; healthy lunch ; exhibitors</p>	<p>Por Therapy Tugaloo HHA Valley Foods Heartland Hospice White County Parks and Recs Dept Care Improvement Plus Byram Healthcare The Body Sanctuary Habersham county Medical Center HHA</p>
<p>Lower Chattahoochee AAA</p> <p>Iona Preattle RN Wellness Coordinator 706-256-2939 706-256-2918 ipreattle@dhr.state.ga.us</p>	<p>September 7th 9am-12</p>	<p>South Columbus Recreation Center</p>	<p>100</p>	<p>Starting with a Be Positive Message followed by Eat Well, Be Active, Be Smoke Free and Get Checked. Healthy Bingo Healthy Snacks Exhibits</p>	<p>Muscogee county Health Department Columbus Park and Rec. Georgia Cares LLP Grandparents Raising Grandchildren XL Health</p>

<p>Middle Georgia AAA Brenda Kirkland Wellness Coordinator 478-751-6411 478-752-3243 Fax bkirkland@mrgdc.org</p>	<p>THURSDAY SEPTEMBER 20, 2007 10:00 a.m. to 1:00 p.m.</p>	<p>Methodist Home for Children and Youth</p>	<p>350</p>	<p>Information Booths, Physical Activity, Carnival Games, Blood Pressure, Blood Sugar and Oral screenings.</p>	<p>Central Georgia Home Health ChiChester's Pharmacy ChiChester's Homecare Coliseum Health System Disability Connections Georgia DHR-Public Health Houston Healthcare Macon-Bibb County Health Department Macon-Bibb County Parks and Recreation Middle Georgia Technical College North Macon Dancers UGA Cooperative Extension</p>
<p>Northeast Georgia AAA Tiffany Lommel Jennifer Teems 706-542-4838 tsellers@uga.edu</p>	<p>October 3, 10, mid month and 25th 9-12</p>	<p><u>Professional Development Center in Winder</u> Ina Brothers (770) 867-7948 <u>Jackson County Senior Center</u> Shirley Smith (706) 367-5101 <u>Clarke County Senior Center:</u> Reita Cornelius (706) 475-5634 <u>Newton County Senior Center</u> Frieda Reid (770) 787-0038</p>	<p>400</p>	<p>Taste testing, Health Screenings, games, food bingo, physical activities and demonstrations</p>	<p>University of Georgia Athens Regional Hospital , AARP and more</p>

<p>SOWEGA AAA</p> <p>Jami Harper Wellness Coordinator 229-432-1131 jlharper@dhr.state.ga.us</p>	<p>Sept 27th 9: 30 am until 1 pm</p>	<p>Albany First United Methodist Church</p>	<p>300</p>	<p>Health Screenings (BP, Glucose, Vision, Hearing, Body Fat, Bone Density, Foot Care Mini Massage, Oral Health, Breast Cancer, Alzheimer's Disease, Nutrition, Exercise, Fire Safety, SOWEGA COA Services) Lunch</p>	<p>Care Improvement Plus Albany Technical Institute Darton College, Eye Savers Albany Therapeutic Massage Lion's Club Light House, U Save It Intrepid Health Care Cooperative Extension Albany Parks & Recs YMCA Curves American Cancer Society Alzheimer's Assoc Easter Seals, Carlton Breast Center Fire Dept Health Dept</p>
<p>Southeast AAA</p> <p>Lisa Whitley Wellness Coordinator 912-285-6097 912-285-6126 fax lcwhitley@segard.org</p>	<p>October 6th</p>	<p>Central Square Complex in Douglas GA</p>		<p>Screenings (blood pressure, blood sugar, cholesterol, and more. Vendors and lots of information</p>	<p>Coffee regional Medical center</p>
<p>Southern Crescent AAA</p> <p>Lisa Hale RD, LD Wellness Coordinator 770-314-9124 ldhale@dhr.state.ga.us</p>	<p>October 25, 2007 10-1pm</p>	<p>West GA Technical College Callaway Center LaGrange, GA</p>	<p>800</p>	<p>Fun Walk Health Screenings Food Demos Games Pet Therapy Demo Door Prizes Dancing Entertainment Community Resources</p>	<p>Georgia Cares Streams of Service</p>