

Live Healthy Georgia...Seniors Taking Charge Kick-Off Celebration

Calendar of Events September and October 2006

The DHR-Division of Aging Services, Area Agencies on Aging and Service Providers are partnering with the Division of Public Health and other public/private sector agencies to promote the “Live Healthy Georgia- Seniors Talking Charge” campaign.

The campaign messages are: **Be Active, Get Checked, Be Smoke-Free, Eat Healthy and Be Positive**

The following is a listing of statewide events/activities planned for the months of September and October to celebrate the official Kick-off of the campaign.

Area Agency on Aging and Contact Information	Date and Time	Location	Estimated Attendance	Types of Activities Planned to Promote the Live Health Georgia Messages	Partners Involved
<p>Atlanta Regional Commission</p> <p>Arnisha T. Norman Nutrition Services Coordinator 404-463-3241 anorman@atlantaregional.com 404-463-3242 Fax</p>	<p>October 4th 10am - 1:30pm</p>	<p>Helene S. Mills Senior Multipurpose Facility</p>	<p>300</p>	<p>Home Safety/Fall Prevention Mini Session Cooking Demonstrations Basic Foot Care Assessments Exercise Demonstrations Registered Dietitian Mini Workshops- Food & Nutrition Diabetes/Cardiovascular Disease Nutrition Counseling/Sample Diets Prescription Drug Coverage/Medicare Preventive Services Mini Session Health Screenings Vendor Displays/Literature Door Prizes</p>	<p>Fulton County Office of Aging AARP/Georgia FDA Fulton County Health & Wellness Dept. Atlanta Foot Care Coalition Atlanta Housing Authority Kroger School of Cooking Project Open Hands/Atlanta Morehouse School of Medicine Sysco Food Service, Pfizer Inc. Georgia Cares Prevent Blindness/Georgia Kinship Center Centers for Disease Control & Prevention (CDC) American Cancer Society American Diabetes Association Life University, School of Nutrition American Heart Association 60+ Older Adult Services/Piedmont Hospital</p>

<p>Coastal Georgia RDC Loreatha Jenkins Wellness Coordinator 912-264-7363 ext 225 lfjenkins@dhr.state.ga.us</p>	<p>September 28, 10-2 October 25 10-2</p>	<p>Savannah, Georgia Brunswick, Georgia</p>	<p>250</p>	<p>Medications Management Brown Bag Review, Blood Pressure, Blood Glucose, Vision, Hearing Screenings Body Fat Analysis, Depression Information Mammography Safe Driving Resources, Handouts Lunch and prizes</p>	<p>GeorgiaCares, Kinshipcare YWCA City Drug Store Beltone Southeast Georgia Health System (Brunswick Campus) Coastal Georgia Community College St. Joseph's Chandler AARP Social Security Local Health Departments BreaTest and More</p>
<p>Coosa Valley AAA Dr Noaleen Ingalsbe Wellness Coordinator 706-295-6485 706-802-5508 ningalsbe@dhr.state.ga.us</p>	<p>September 13 10 am-2 pm</p>	<p>Downtown Forum Rome, Georgia</p>	<p>500</p>	<p>Healthy Lunch Stretch and Exercise Fun Physical Activity Bingo Fruit and Vegetable Information and Demonstration Preventive Benefits through Medicare Door Prizes</p>	<p>Information not available at this time</p>
<p>CSRA AAA L. Monique Hillman, RN, BS, MPH Wellness Coordinator 706-210-2018 ext. 137 lhillman@csrardc.org</p>	<p>October 25</p>	<p>Lock& Dam Park Augusta, GA</p>	<p>500</p>	<p>Square dancing Music A walk in the park Horseshoes Mini-golf Lunch Prizes Fun</p>	<p>Augusta Recreation and Parks</p>
<p>Heart of Georgia Altamaha RDC Jennifer Crosby AAA Wellness Coordinator 912-367-3648</p>	<p>October 20</p>	<p>Carnival event At Gordonia_Altamah a State Park in Reidsville (Tattnall County)</p>	<p>Information Not Available at this Time</p>	<p>Fall Prevention, Home Safety, Health Screenings Healthy Food Sampling, Positive Thinking Bookmark</p>	<p>Local Police and Sheriff's Department of Tattnall County, Concerted Services Care Coordination Program, Local Hospitals, Home Health Agencies, Alternative Therapy Organizations<</p>

<p>jucrosby@dhr.state.ga.us</p> <p>klsirmans@dhr.state.ga.us</p>				<p>creations, Walk For Health Kick For Joy Soccer Games, Rubber Chicken Toss, Sunscreen Station, Carnival Games, Costume Contest, And More</p>	<p>Georgia State Parks, Local Farmers, Georgia Egg commission, Georgia Peanut commission, District Public Health and More</p>
<p>Legacy Link, Inc.</p> <p>Lisa Howard Wellness Coordinator 770-538-2711 lshoward@dhr.state.ga.us</p>	<p>September 26th, 2006 10 am –1pm</p>	<p>White County Parks and Recreations Department 327 Asbestos Road, Cleveland, Georgia</p>	<p>200</p>	<p>Focus will be on the BE ACTIVE message events will include; golf putting, bowling, bean bag toss, dancing, parachute exercises, line dancing, cake walk (with fruits and vegetables) Fruit and vegetable bingo or trivia</p>	<p>White County Parks and Rec. Dept United Osteoporosis Centers P.A.C. E. Inc (programs Assisting Community Elderly) Area Agency on Aging sponsored programs such as Kinshipcare and GeorgiaCares programs</p>
<p>Lower Chattahoochee AAA</p> <p>Ilona Preattle RN Wellness Coordinator 706-256-2939 706-256-2918 ipreattle@dhr.state.ga.us</p>	<p>September 13th at 10 am</p> <p>September 14th at 10 am</p>	<p>Taylor County Senior Center in Reynolds</p> <p>Randolph County Senior Center in Cuthbert</p>	<p>130 (65 at each event)</p>	<p>“Five Puzzle Pieces” activity to reflect LHG messages, Medicare Part D Information, Medications Management, Lifelong Planning Activities, Exhibits, Making smoothies, Fire safety, Door Prizes and Games</p>	<p>GeorgiaCares Program Kinshipcare Program Gateway West Central Health District’s Chronic Disease Specialist MCG Nursing Students Extension Service Fire department</p>

<p>Middle Georgia AAA</p> <p>Brenda Kirkland Wellness Coordinator 478-751-6411 478-752-3243 Fax bkirkland@mgrdc.org</p>	<p>Sept 19 10 am –2 pm</p>	<p>Goodwill Conference Center Macon GA</p>	<p>300</p>	<p>Information Booths, Physical Activity, Carnival Games</p>	<p>Local Hospitals, Alzheimer’s Association, Fuqua Center for Late- Life Depression, Public Health, Parks and Recreations, Local Pharmacist, Home Health, Cooperative Extension and area businesses.</p>
<p>Northeast Georgia AAA</p> <p>Elizabeth Speer 706-542-4838 speerem@uga.edu</p>	<p>September 28 October 18 And more to come</p>	<p>Madison Co. Senior Center Clarke Co. Senior Center More coming</p>	<p>200 (30 at each event)</p>	<p>Taste testing, Health Screenings, games, food bingo, physical activities and demonstrations like leg exercises, inspirational activities, smoke-free messages and more.</p>	<p>University of Georgia Athens Regional Hospital and more</p>
<p>SOWEGA AAA</p> <p>Jami Harper Wellness Coordinator 229-432-1131 jlharper@dhr.state.ga.us</p>	<p>Sept 14 9: 30 am until 1 pm</p>	<p>Albany First United Methodist Church</p>	<p>300</p>	<p>Warm up Exercises, Inspirational Speakers, Tia Chi Demonstration, Body Ball Demonstrations, Door Prizes, Lunch, Entertainment, Health Screenings, Bone Density Screenings, Information Booths</p>	<p>Phoebe Putney Memorial Hospital, Community Healthy Institute, Albany Technical College, Darton College, Eye Savers, Miracle Ear, U Save It, Walgreen’s, Dougherty County Extension, Carlton Breast Center, Alzheimer's Association, Arthritis Foundation, YMCA, Curves, PT Gym, Albany Gastroenterology, Albany Therapeutic, Mary Kay Cosmetics, Harvey’s, Albany First United Methodist Church, Ombudsman, RSVP, LLP, GACares, Gateway</p>
<p>Southeast AAA</p> <p>Lisa Whitley Wellness Coordinator 912-285-6097 912-285-6126 fax lcwhitley@segard.org.</p>	<p>September 29 9am –12 noon</p>	<p>Waycross Exchange Club Center</p>	<p>250</p>	<p>Health Screenings, Physical Activity Senior Safe Driving, Fire and Home Safety Hearing Screenings And More</p>	<p>Hospitals, Community Health Center, Health Department, County Extension Service, State Patrol, Fire Dept., Local Hearing Professional and more</p>

<p>Southern Crescent AAA</p> <p>Lisa Hale RD, LD Wellness Coordinator 770-719-5050 770-716-7074 ldhale@gdph.state.ga.us</p>	<p>September 14th 9 am –1 pm</p>	<p>West Georgia Technical College Callaway Center LaGrange, GA</p>	<p>800+</p>	<p>Fun walk Health screenings Food Demos Games Pet Therapy Demo Door Prizes Dancing Entertainment Community resources and more</p>	<p>Southern Crescent AAA – Kinship & Life-long Planning GA Cares Streams of Service Aging Coalition Troup County Parks and Recreation Diverse Power (electrical safety) West GA Technical College Nursing School (health screenings) Vernon Woods (assisted living) Poplar Creek (assisted living) Roosevelt Institute (diabetic screenings & counseling) District Four Health Services (public health/nutrition/chronic disease) Live Well Age Well – UGA Sheriff’s Dept (safety) Fire Dept (safety) GA Legal Services Rev. Angie Snow—speaker (cancer prevention/screenings) Pet Therapy Demonstration (mental health)</p>
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