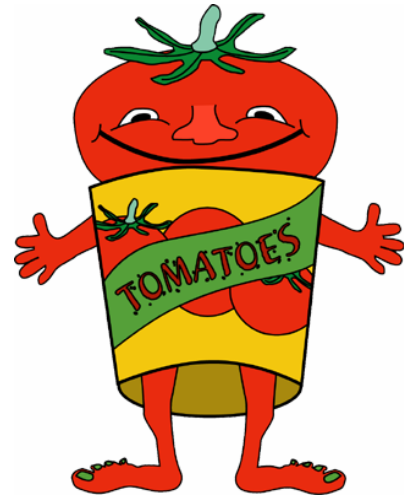


Pizza Pizzazz

Servings: 2

Ingredients:

- 2 whole wheat pitas
- 2 ounces ham, chopped
- 4 tablespoons no-salt added tomato paste
- 1 cup diced tomatoes
- 1 cup diced broccoli
- 3 ounces low-fat mozzarella cheese



Directions:

1. Spread ½ of paste on top of each pita.
2. Top with ham, vegetables, and cheese.
3. Broil or put in toaster oven until cheese melts.
4. Serve immediately.

Two to three at every meal – it's a real healthy deal.